

## *Kara Walsh*

New York, NY & Santa Fe, New Mexico

Professional Dancer | Dance Educator

Ballet • Pointe • Contemporary • Jazz • Ballet Fitness

Kara.l.Walsh@gmail.com

### PROFESSIONAL SUMMARY

Professional dancer and educator with over 10 years of teaching experience and an extensive performance career spanning ballet, contemporary, and jazz. Kara brings a refined technical foundation, artistic depth, and compassionate mentorship style to every classroom. Known for grace, anatomical clarity, and nurturing strong, intelligent dancers, she has taught throughout New York and the Tri-State area while maintaining an active professional performance career.

### TEACHING EXPERIENCE

**Joffrey Ballet Jazz and Contemporary Trainee Program, New York, NY**

Ballet | Pointe Instructor 3 Years

- Taught pre-professional level students
- Integrated technical precision with expressive artistry
- Assisted in preparing dancers for performance and company pathways
- Emphasized versatility across styles

***Artistry Dance Project-*** Pleasantville, NY

Ballet | Pointe | Contemporary Instructor 6 Years

- Taught technique classes for intermediate and advanced students
- Coached pointe students with emphasis on strength, safety, and artistry
- Set choreography and prepared dancers for performance
- Mentored young dancers in professional preparation and artistic development

***Ballet Beautiful*** – New York, NY

Ballet Instructor | Ballet Fitness Specialist | Private Coach- 10 Years

- Taught ballet-based fitness classes and private sessions to diverse clientele
- Developed a customized ballet conditioning program
- Trained clients in alignment, strength, flexibility, and artistry

Guest Faculty – Tri-State Area

New York, New Jersey, Connecticut

- Taught master classes and ongoing technique classes in ballet and contemporary
- Worked with studios across the region at varying levels

Known for strong technical corrections and a supportive class environment

## PERFORMANCE EXPERIENCE

Santa Fe Opera dancer

Television: Fosse/Verdon, Feud (FX)

Collaborations with Karole Armitage, Benoit Swan Pouffer, Susan Misner, Mary Ann Lamb, Francesca Harper

Armitage Gone!

Spectrum Dance Theater (Donald Byrd)

The Black Iris Project

5th Avenue Theatre – Oklahoma (Dream Laurey)

Woman in Motion Dance Company

Cherylyn Lavagnino Dance Company

Cold Spring Dance Company